



THE RECTORY



TREATMENT GUIDE

2011

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SWEDISH MASSAGE

Traditional Swedish massage techniques combining deep tissue work with relaxing and soothing movements to ease away stress, aches and pains.

<i>Back, neck & shoulder</i>	<i>25 Minutes</i>	<i>£40</i>
<i>Full Body</i>	<i>55 minutes</i>	<i>£70</i>
<i>Full Body (includes face & scalp)</i>	<i>85 minutes</i>	<i>£100</i>

HOLISTIC TREATMENTS

Balance body, mind and spirit with one of our holistic therapies.

Indian Head Massage

A deeply relaxing massage of the scalp, face, neck, shoulders, upper back and arms. Excellent for treating neck and shoulder tension, Indian Head Massage is based on the Ayurvedic system of healing which has been practiced in India for over a thousand years.

40 minutes £55

Hopi Ear Candling

Passed down from the Hopi Indian Tribe, this unique treatment uses lit hollow candles made from linen & beeswax combined with a pressure point face massage to loosen congested ear wax, clear nasal & sinus passages, relieve headaches, insomnia.

40 minutes £50

Holistic Face and Scalp Massage

A heavenly massage of the face and scalp, to reduce tension, decongest the sinus area and soothe away stress, leaving you relaxed and calm.

25 minutes £40

SPECIALISED BODY THERAPIES

Relax and unwind with one of our luxurious body therapies.

Anti Fatigue Mud Wrap Ritual

A treatment designed to invigorate and revive as well as boosting a sluggish circulation. Body brushing, followed by full body exfoliation and body massage completed with a mud wrap.

90 minutes £110

Rejuvenating Ocean Scrub Ritual

A head to toe therapy using sea salt scrubs and mineral infused hot oil to exfoliate the whole body followed by a stress busting back neck & shoulder massage.

55 minutes £70

Absolute Indulgence Ritual

A complete top to toe therapy beginning with an invigorating full body exfoliation using body brushing followed by a skin boosting body scrub. The experience continues with a full body massage and is completed with a facial using the very best in French skincare.

110 minutes £130

Mother to Be Treatment

A specialised pre natal therapy, using precise massage techniques to ensure maximum comfort and relaxation during this very special time. This therapy can be customised to suit individual needs. You can choose to complete your treatment with an optional skin enhancing facial.

55 minutes £70

85 minutes (includes facial) £110



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FACIAL TREATMENTS

Using the award winning French skin care brand Matis, our facial treatments include only the very best quality ingredients combined with the latest in biotechnology to ensure your skin is left hydrated, revitalised and renewed. All of our facial treatments commence with a relaxing welcome massage and include your choice of either a scalp, hand or foot massage during the treatment.

Prescriptive Facial

A made to measure facial which can be adapted to any skin type. This treatment begins with a relaxing back massage to ease away stress and tension. Your therapist will select products specific to the needs of your skin and your skincare concerns.

75 minutes **£85**

Aromatis Facial

If your skin is affected by the strains of daily life let our therapists bring your skin back to normality by using our maximum intensity skincare treatment. Based on specific, active ingredients to moisturise, oxygenate, firm and rejuvenate.

55 minutes **£75**

Absolute Purity Self Heating Treatment

A gentle but effective therapy for problematic skin. This is a 'sauna' treatment designed to deep cleanse, purify and matify combination and oily skin. This facial has an incredible impact on the clarity and purity of the complexion after just one application.

75 minutes **£85**

Time Reverse Facial

A luxurious anti ageing treatment using a unique warm mask and anti ageing concentrate to nourish, speed up cellular renewal, re-energise and brighten the skin. This facial is loaded with sophisticated ingredients leaving your skin calm, supple and radiant.

75 minutes **£100**

CRYSTAL CLEAR MICRODERMABRASION

A controlled method of skin resurfacing using finely ground crystals to slough away the surface layer of dead skin cells leaving your skin perfectly smooth and fresh. It has a fantastic effect on fine lines and wrinkles as well as helping with acne scarring and blocked pores.

Crystal Clear Facial

This treatment begins with a soothing back massage followed by microdermabrasion to the face. Your treatment is made to measure, concentrating your areas of most concern. The treatment is completed with the application of a refreshing face mask designed to lift and firm the skin.

70 minutes **£110**

Crystal Clear Wide Eyes Treatment

An anti ageing treatment specifically for the eye area. This results driven treatment promises to leave your eyes looking firmer, smoother, younger and fresher.

30 minutes **£55**



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HAND AND FOOT THERAPIES

Using the very best hand and foot care products from the multiple award winning Creative Nail Design.

Almond Spa Manicure

A complete therapy for the hands using beautifully scented products to eradicate dry skin. The treatment commences with a warm Almond milk hand bath, before hands and forearms are exfoliated and massaged. Cuticles are tidied before nails are shaped and buffed. The therapy is completed with a perfect polish.

60 minutes £55

Luxury Spa Pedicure

Immerse your tired feet in to our massaging foot spa before hard skin is smoothed. Cuticles will be tidied, feet and lower legs are exfoliated with a sea salt scrub and massaged before a cooling foot mask and heavenly heated booties leave your feet totally pampered. Toenails are shaped and polished to perfection.

75 minutes £65

EYE THERAPIES

Party Lashes

Temporary eyelashes lasting for 1-5 days giving a glamorous or enhanced natural effect. Perfect for parties and special occasions.

15 minutes £30

Eyelash Tint	20 minutes	£25
Eyebrow Tint	15 minutes	£15
Eyebrow Shape	15 minutes	£15
Eyelash & eyebrow tint	20 minutes	£35
Eyebrow tint & eyebrow shape	15 minutes	£25

(a patch test is required 24 hours prior to tinting treatments)

WAXING

Full Leg Wax	55 minutes	£45
¾ Leg wax	45 minutes	£40
½ Leg Wax	25 minutes	£35
Bikini Wax	15 minutes	£15
Underarm Wax	15 minutes	£15
Eyebrow Wax	15 minutes	£15
Upper Lip Wax	15 minutes	£15
Chin Wax	15 minutes	£15
Back Wax	25 minutes	£35
Chest Wax	25 minutes	£35

MAKE UP

Pre-wedding make-up trial	60 minutes	£80
Wedding day make-up application	30 minutes	£48
Make-up application	30 minutes	£48

HAIR STYLING

Pre-wedding hair trial	60-90 minutes	£80
Wedding day hair styling		£60
Ladies, wash and style		£35
Ladies wash, Cut and style		£50
Gents wash, cut and style		£35
Ladies hair up from		£55

BOOKING

Minimum appointment charge of £40.

We operate a 48 hour cancellation policy.

Please advise us of any medical conditions upon making your booking. In the event that the treatment is not suitable for you at this time, we will suggest an alternative where possible.